

Volleyball 2010 Weekend Schedule

FRIDAY:

7:00 p.m. - Registration

7:30 p.m. - Clinic in Gym with fundamentals and practice session

9:00 p.m. - Workshop 1

10:00 p.m. - Snack

11:00 p.m. - Lights Out

SATURDAY:

8:00 a.m. - Breakfast

8:30 a.m. - Stretching, warm ups, and conditioning

Games will start after stretching - with bracket structure tournament

In the dining room will be craft activities in the dining room for the Villages
There will also be workshops.

12:00 p.m. - Lunch

1:00 p.m. Games reconvene

5:00 p.m. - Dinner

7:00 p.m. - Leave for Grand Visit

7:30 p.m. – Hershey/Elizabethtown Grand Visit

10:00 p.m. - Snack

11:00 p.m. - Lights Out

SUNDAY:

8:00 a.m. - Breakfast with service

9:00 a.m. - Depart